



Inner Circle 17th October 2016 - Notes

The language you use affects the way you think. Today we are looking at a class of words called: Modal Operators.

The Modal Operators of Necessity are the words that demotivate and hold stop you achieving... these words include:

Must
Have to
Got to
Should
Need

Replace these word for words of possibility like:

Could
Maybe
Possible
Can

Or more powerful words of motivation like:

Will
Like to
Love to
Happy to

When other people tell you that “You must do this.”, or “You should do this”, in your mind re-language it to one of the possibility or power words. And allow the image that these new words create to come to mind in clear vivid detail.